

COUNSELING RESOURCES

Bergen County

1. **Dr. Frank MacArthur, PsyD**
9 post Rd. Suite D-6, Oakland, NJ 07436 | 201-669-6320
2. **Well Spring Counseling** | 22-08 Route 208 South, Suite 16, Fair Lawn, NJ 07410 | 201-956-6363 (NJ)
845-496-6311 (NY) | www.wellsprings.org/counseling

Essex County

3. **Christian Counselors in Newark, NJ**
www.theravive.com/therapy/christian-counseling-newark-nj
4. **Susanne Ciancio, MA, LPC** 470 Prospect Ave., Suite 207 West Orange, NJ 07502 (973-495-8586)
5. **Caryn O'Sullivan INHC** | 347-387-5780
caryn@appetitesforlife.com | www.appetitesforlife.com

Hunterdon County

6. **Margie Negri** | 90 Beaver Ave. Suite 204, Clinton, NJ 08809
908-797-5439 | www.counselwithchrist.com/

Middlesex County

7. **Carrie Prince-Knospe**, NJ 141 Union Ave, Middlesex, NJ | 908-881-6609
8. **Cathedral Counseling Center** | Dr. Denice Reid
205 Smith Street, Perth Amboy, NJ | 732-585-4040
2nd Location: 1400 Grand Avenue, Asbury Park, NJ | 732-775-1696 | 732-826-5293
www.thecathedral.org/resources/counseling
9. **Maria Conklin, ED. S., LPC** 340 Amboy Ave. Suite D. Metuchen, NJ 08840 | 908-227-6302

Monmouth County

10. **Life Changing Christian Counseling, Inc.** | Dr. Lois, Christian Counselor
721 Route 34, 2nd Fl. Matawan, NJ 07747 | 732-858-4030 | 877-637-8304;
info@lifechangingchristiancounseling.com | www.lifechangingchristiancounseling.com
11. **Light the Way Counseling** | Midland Park (Primary Office); Verona, Fort Lee and New Brunswick
317 Godwin Avenue, 3rd floor, Midland Park, NJ 07432 | 201.444.8103
www.lightthewaycounseling.com

Morris County

12. **Patty Allocca, RN,LCSW**, PhD., 305 Atlantic Dr. Parsippany, New Jersey 07054
973-997-6480 | experienceheaven@aol.com
13. **Maryanne Carbone MSW, LCSW** | **Steve Deats MSW, LCSW**
100 Noe Ave, Chatham Township, NJ 07928 | 973-236-0601
14. **Lani Moore MA, LPC, NCC** | 156 Stelton Rd. Piscataway, NJ 08854
1-800-731-0963 | lani@carenetchristiancounseling.com

15. **Lin-Fai Whu, MA** | 115 Rt. 46, Bldg. F Mountain Lakes, NJ 07054
917-617-8766 | tijoc09@gmail.com

Passaic County

16. **Diane C. Sardanopoli, LPC** | 121 Rea Ave. 2nd. Floor, Hawthorne, NJ 07506
201-876-6496 | dsardanopoli@gmail.com

Somerset County

17. **Erin Bennington MSW, LCSW** | 2 North Finley Ave., 2nd Floor, Basking Ridge, NJ 07920
973-809-3404 | www.erin@hoperestorednj.com | www.hoperestoredcounselingnj.com
18. **Michelle Badger, LPC** | 3 Clyde Rd. Suite 201, Somerset, NJ 08873
732-875-3183 | mbadger@mountainviewlpc.com
19. **CareNet Christian Counseling, LLC** | Lani M Moore, MA, LPC, NCC
1056 Stelton Rd, Suite 6, Piscataway, NJ 08854 | 3 Clyde Road Suite 201, Somerset, NJ 08873
Phone: 732.873.8844 x 2; www.carenetchristiancounseling.com
20. **Christian Wellness Center of NJ** | 3 Clyde Road, Suite 201, Somerset, NJ 08873
[732-873-2777](tel:732-873-2777) | <http://www.cwcnj.org/>
21. **Heart to Heart Counseling Center** | Rev. Deborah Skomba
1130 Route 202 South, Bldg. E, Suite 5, Raritan, NJ 08869
908.864.0573 | revdeb@h2hcc.org | www.h2hcc.org
22. **Mary Huber, LCSW** | 75 Clairmont Ave. Suite 204, Bernardsville, NJ 07924
973-224-0827 | Huberme67@gmail.com | www.mehcounseling.vpweb.com
23. **Patricia A. Hucko, MA., LPC** | 93 South Finley Ave. Basking Ridge, NJ, 07920 | 908-766-3199
24. **Dr. Cliff Moore, PsyD.** | 2 N. Finley Ave., Basking Ridge, NJ 07920
973-489-3814 | moorecounselingnj@gmail.com
25. **Glenn Murphy, LPC.** 3 north Finley Ave, 2nd Floor, Basking Ridge, NJ 07920
908-249-3159 | www.glennmurphycounseling.com
26. **Amy Flavin, Ph.D.** | 139 South St., Suite 201, New Providence, NJ 07974
908-477-3782 | www.amy.flavin@yahoo.com
27. **In Him Counseling Services, LLC** | Harry Martin Luther BA, CADC, Christian Counselor
30 W. Somerset St., 2nd Floor, Raritan, 08869
908-300-6377 | inHimcounseling@gmail.com | www.inHimcounseling.com
28. **Zarephath Christian Church** | Jennifer Olszyk, Counseling Coordinator
Life Center Conference Room, 2 Chapel Dr. Zarephath, NJ 08890 | 732-356-0102
Grief Share Support Group | Eloise Russo | [732-356-0102 x5105](tel:732-356-0102) | www.zarephath.org

Union county

29. **Safe Harbor Christian Counselling** | 1108 Spruce Dr. # 102, Mountainside NJ, 07092
800-305-2089 | www.safeharbor1.com | rosemary@safeharbor1.com

Other Resources:

Sexaholics Anonymous: www.sa.org

A recovery program to stay sexually sober.

Celebrate Recovery: www.celebraterecovery.com

A Christ-centered recovery program that helps in the recovery from alcoholism, divorce, sexual abuse and drug addiction.

Most Excellent Way: www.mostexcellentway.org

A Christ-based approach to chemical dependency.

Divorce Care Groups: www.divorcecare.com

A group for anyone experiencing the painful process of divorce or separation.

Grief Share Groups: www.griefshare.org

A support group for people grieving the loss of someone close.

Pornographic addiction:

www.x3watch.com – free accountability software for your computer

www.pureonline.com – for those who want to break free

www.everymansbattle.com – support in the battle for sexual integrity

First Choice Women's Resource Centers

www.1stchoice.org

[Toll-free: 1-888-3-CHOOSE]

With locations in Morristown, Montclair, Jersey City, Newark, and Plainfield, First Choice is a safe, supportive place for help with an unintended pregnancy.

Disclaimer: We always recommend meeting with your Pastor first if appropriate before reaching out to a counselor. While the above list of counseling services is neither an endorsement nor a referral by Pillar College or its Staff, we do hope you find the list helpful as a resource for you. Please use caution, wisdom and common sense in finding the right counselor. If you are in an emergency situation, then please dial 911.