

# COUNSELING RESOURCES

## Bergen County

- **Dr. Frank MacArthur, PsyD**  
9 post Rd. Suite D-6, Oakland, NJ 07436 | 201-669-6320
- **Well Spring Counseling** | 22-08 Route 208 South, Suite 16, Fair Lawn, NJ 07410 | 201-956-6363 (NJ) 845-496-6311 (NY) | [www.wellsprings.org/counseling](http://www.wellsprings.org/counseling)

## Essex County

- **Christian Counselors in Newark, NJ**  
[www.theravive.com/therapy/christian-counseling-newark-nj](http://www.theravive.com/therapy/christian-counseling-newark-nj)
- **Susanne Ciancio, MA, LPC** 470 Prospect Ave., Suite 207 West Orange, NJ 07502 (973-495-8586)
- **Caryn O'Sullivan INHC** | 347-387-5780  
caryn@appetitesforlife.com | [www.appetitesforlife.com](http://www.appetitesforlife.com)

## Hunterdon County

- **Margie Negri** | 90 Beaver Ave. Suite 204, Clinton, NJ 08809  
908-797-5439 | [www.counselwithchrist.com/](http://www.counselwithchrist.com/)

## Middlesex County

- **Carrie Prince-Knospe**, NJ 141 Union Ave, Middlesex, NJ | 908-881-6609
- **Cathedral Counseling Center** | Dr. Denice Reid  
205 Smith Street, Perth Amboy, NJ | 732-585-4040  
2nd Location: 1400 Grand Avenue, Asbury Park, NJ | 732-775-1696 | 732-826-5293  
[www.thecathedral.org/resources/counseling](http://www.thecathedral.org/resources/counseling)
- **Maria Conklin, ED. S., LPC** 340 Amboy Ave. Suite D. Metuchen, NJ 08840 | 908-227-6302

## Monmouth County

- **Life Changing Christian Counseling, Inc.** | Dr. Lois, Christian Counselor  
721 Route 34, 2nd Fl. Matawan, NJ 07747 | 732-858-4030 | 877-637-8304;  
[info@lifechangingchristiancounseling.com](mailto:info@lifechangingchristiancounseling.com) |  
[www.lifechangingchristiancounseling.com](http://www.lifechangingchristiancounseling.com)

- **Light the Way Counseling** | Midland Park (Primary Office); Verona, Fort Lee and New Brunswick 317 Godwin Avenue, 3rd floor, Midland Park, NJ 07432 | 201.444.8103 [www.lightthewaycounseling.com](http://www.lightthewaycounseling.com)

## Morris County

- **Patty Allocca, RN, LCSW, PhD.**, 305 Atlantic Dr. Parsippany, New Jersey 07054 973-997-6480 | [experienceheaven@aol.com](mailto:experienceheaven@aol.com)
- **Maryanne Carbone MSW, LCSW** | Steve Deats MSW, LCSW 100 Noe Ave, Chatham Township, NJ 07928 | 973-236-0601
- **Lani Moore MA. LPC, NCC** | 156 Stelton Rd. Piscataway, NJ 08854 1-800-731-0963 | [lanim@carenetchristiancounseling.com](mailto:lanim@carenetchristiancounseling.com)
- **Lin-Fai Whu, MA** | 115 Rt. 46, Bldg. F Mountain Lakes, NJ 07054 917-617-8766 | [tijoc09@gmail.com](mailto:tijoc09@gmail.com)

## Passaic County

- **Diane C. Sardanopoli, LPC** | 121 Rea Ave. 2nd. Floor, Hawthorne, NJ 07506 201-876-6496 | [dsardanopoli@gmail.com](mailto:dsardanopoli@gmail.com)

## Somerset County

- **Erin Bennington MSW, LCSW** | 2 North Finley Ave., 2nd Floor, Basking Ridge, NJ 07920 973-809-3404 | [www.erin@hoperestorednj.com](http://www.erin@hoperestorednj.com) | [www.hoperestoredcounselingnj.com](http://www.hoperestoredcounselingnj.com)
- **Michelle Badger, LPC** | 3 Clyde Rd. Suite 201, Somerset, NJ 08873 732-875-3183 | [mbadger@mountainviewlpc.com](mailto:mbadger@mountainviewlpc.com)
- **CareNet Christian Counseling, LLC** | Lani M Moore, MA, LPC, NCC 1056 Stelton Rd, Suite 6, Piscataway, NJ 08854 | 3 Clyde Road Suite 201, Somerset, NJ 08873 Phone: 732.873.8844 x 2; [www.carenetchristiancounseling.com](http://www.carenetchristiancounseling.com)
- **Christian Wellness Center of NJ** | 3 Clyde Road, Suite 201, Somerset, NJ 08873 732-873-2777 | <http://www.cwcnj.org>
- **Heart to Heart Counseling Center** | Rev. Deborah Skomba 1130 Route 202 South, Bldg. E, Suite 5, Raritan, NJ 08869 908.864.0573 | [revdeb@h2hcc.org](mailto:revdeb@h2hcc.org) | [www.h2hcc.org](http://www.h2hcc.org)
- **Mary Huber, LCSW** | 75 Clairmont Ave. Suite 204, Bernardsville, NJ 07924 973-224-0827 | [Huberme67@gmail.com](mailto:Huberme67@gmail.com) | [www.mehcounseling.vpweb.com](http://www.mehcounseling.vpweb.com)
- **Patricia A. Hucko, MA., LPC** | 93 South Finley Ave. Basking Ridge, NJ, 07920 908-766-3199
- **Dr. Cliff Moore, PsyD.** | 2 N. Finley Ave., Basking Ridge, NJ 07920 973-489-3814 | [moorecounselingnj@gmail.com](mailto:moorecounselingnj@gmail.com)

- **Glenn Murphy, LPC.** 3 north Finley Ave, 2nd Floor, Basking Ridge, NJ 07920  
908-249-3159 | [www.glennmurphycounseling.com](http://www.glennmurphycounseling.com)
- **Amy Flavin, Ph.D.** | 139 South St., Suite 201, New Providence, NJ 07974  
908-477-3782 | [www.amy.flavin@yahoo.com](mailto:www.amy.flavin@yahoo.com)
- **In Him Counseling Services, LLC** | Harry Martin Luther BA, CADC, Christian Counselor  
30 W. Somerset St., 2nd Floor, Raritan, 08869  
908-300-6377 | [inHimcounseling@gmail.com](mailto:inHimcounseling@gmail.com) | [www.inHimcounseling.com](http://www.inHimcounseling.com)
- **Zarephath Christian Church** | Jennifer Olszyk, Counseling Coordinator  
Life Center Conference Room, 2 Chapel Dr. Zarephath, NJ 08890 |  
732-356-0102
- **Grief Share Support Group** | Eloise Russo| 732-356-0102 x5105 |  
[www.zarephath.org](http://www.zarephath.org)

## Union County

- **Safe Harbor Christian Counselling** | 1108 Spruce Dr. # 102, Mountainside NJ, 07092  
800-305-2089 | [www.safeharbor1.com](http://www.safeharbor1.com) | [rosemary@safeharbor1.com](mailto:rosemary@safeharbor1.com)

## Other Resources:

- **Sexaholics Anonymous:** [www.sa.org](http://www.sa.org)  
A recovery program to stay sexually sober.
- **Celebrate Recovery:** [www.celebraterecovery.com](http://www.celebraterecovery.com)  
A Christ-centered recovery program that helps in the recovery from alcoholism, divorce, sexual abuse and drug addiction.
- **Most Excellent Way:** [www.mostexcellentway.org](http://www.mostexcellentway.org)  
A Christ-based approach to chemical dependency.
- **Divorce Care Groups:** [www.divorcecare.com](http://www.divorcecare.com)  
A group for anyone experiencing the painful process of divorce or separation.
- **Grief Share Groups:** [www.griefshare.org](http://www.griefshare.org)  
A support group for people grieving the loss of someone close.
- **Pornographic addiction:**
  - [www.x3watch.com](http://www.x3watch.com) – free accountability software for your computer
  - [www.pureonline.com](http://www.pureonline.com) – for those who want to break free
  - [www.everymansbattle.com](http://www.everymansbattle.com) – support in the battle for sexual integrity
- **First Choice Women's Resource Centers:** [www.1stchoice.org](http://www.1stchoice.org)  
Toll-free: 1-888-3-CHOOSE  
With locations in Morristown, Montclair, Jersey City, Newark, and Plainfield, First Choice is a safe, supportive place for help with an unintended pregnancy.

**Disclaimer:** We always recommend meeting with your Pastor first if appropriate before reaching out to a counselor. While the above list of counseling services is neither an endorsement nor a referral by Pillar College or its Staff, we do hope you find the list helpful as a resource for you. Please use caution, wisdom and common sense in finding the right counselor. If you are in an emergency situation, then please dial 911.