

Major in Psychology and Counseling

At Pillar College, we see counseling and spiritual formation not as separate disciplines but as vital dimensions of the same process. Christian Counseling at its core is transformation of the heart and restoration of the soul. The purpose of Christian Counseling is to help students understand their own areas of weakness and need as vital resources for service and impact in others' lives. At Pillar College this emphasis is reflected in our preference for such terms as "helper" and "seeker" rather than "counselor" and "client" in describing the therapeutic encounter so critical to this field of endeavor.

Psychology and Counseling: Program Goals

The Psychology and Counseling Major has the following goals:

1. Students will develop a biblical and theological framework for counseling in a non-
2. Students will acquire the knowledge and principles that are foundational to Christian counseling.
3. Students will grow in relationships with God and others for greater effectiveness in helping others.
4. Students will cultivate basic strategies and skill-sets necessary to do counseling in a variety of contexts.
5. Students will gain a foundation in counseling theory from some courses while other courses will emphasize skill-building in specific areas of specialization.
6. Students will be exposed to various therapeutic approaches to counseling, with an emphasis on Cognitive, and Family systems theories and techniques.

The major is designed to provide you with the basic foundations for any kind of counseling, spiritual formation, coaching, or mentoring ministry. You may choose to build on this foundation with further education and/or training specific to an area in which you choose to specialize, such as pursuing a Masters or Doctoral degree, permitting you to progress to attain state-licensing as a professional counselor. Upon successful completion of this program you will find yourself prepared to either pursue further education or begin a lay-helping ministry in a variety of settings.

Additional General Education Requirements for Psych/Counseling Majors:

PSYC-103	General Psychology II	3
MATH 201	Intro to Statistics & Probability	3

Psychology and Counseling Major Requirements:

Course ID	Course Name	Credits
PSYC 102	Biblical Basis for Psychology and Counseling	3
COUN 201	Counseling Skills I	3
COUN 301	Counseling Skills II	3
COUN 203	Counseling Theories	3
PSYC 205	Human Development	3
PSYC 302	Theories of Personality	3
PSYC 350	Internship in Psychology and Counseling	3
PSYC 406	Conflict Theory/Christian Peacemaking	3
PSYC 409	Abnormal Psychology	3
Electives	Choose either Marriage and Family Concentration OR Department Electives	12 Credits
Total Credits		39

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Concentration Option for the BA Degree with a Major in Psychology and Counseling

Marriage & Family Counseling Concentration Course Requirements

Description: Marriages and families are a battleground today. Divorce rates remain high, even among Christians. This concentration will assist students who wish to prepare to do effective ministry with couples and families, either in the context of a local church/parachurch ministry or in preparation for graduate work in Marriage and Family counseling.

Course ID	Course Name	Credits
COUN 306	Marriage & Family Counseling	3
COUN 307	Multicultural Counseling	3
PSYC 308	Child & Adolescent Counseling	3
PSYC 403	Human Sexuality	3
Total Credits		12